

Safety procedures TRI Rock Triathlon

Event Date: Aug 2, 2020

Pre-race

Questionnaire emailed to participant, if symptomatic last 2 weeks, athletes will turn in upon entering transition area.

Packet pickup will be handled by Playtri at stores, athletes will be invited in groups to pick up their packets. Group will be formatted by race numbers or alphabetically, depending on registration data.

Volunteers and event staff

Body temperature will be checked the morning of event. If body temperature of a volunteer or staff member is higher than 99.6F, they will be asked to leave the event.

All staff members and volunteers will be provided with hand sanitizer and gloves

All volunteers and staff will wear face coverings.

Check-in

Temperature will be checked. If temperature higher than 99.6F, athlete will be sent to the EMS unit for a verification. If confirmed risk, athlete will be asked to leave the event.

Athletes will turn in a signed questionnaire in prior entering. Athletes will receive a wrist band of clearance upon turning the questionnaire in.

There will be no race day registration, no packet pickup on race day morning. There will be no exceptions.

Transition Area (TA)

Specific check-in times and communicate those via email and social media.

Bike racks 3 ft apart.

Sanitizing and wash stations will be placed around the venue.

Timing chips distribution – staff will wear gloves and face coverings handing out chips.

Please be mindful of social distancing, encouraging 6 ft apart.

Swim/ start

The swim has been shortened in half to avoid swimming in the same lane towards each other.

No warmup will be allowed.

Start will be a time-trial format.

The number of people entering the building and standing in line to start will be limited to allow athletes stand 6 ft apart.

Swimmers will be seated by their predicted finish time.

Course

Please be mindful of social distancing guidelines, signage, and announcements. Athletes are encouraged to bring their own nutrition, to avoid aid stations. Aid stations will operate with minimal number of volunteers and will be self-service.

Relay teams

Athletes are encouraged to form relay team only with family members living in the same household.

Teammates who do not live in the same household and participate in a relay team will be provided a personal sanitizer to sanitize timing chips at handoffs.

Water station

Athletes are encouraged to bring nutrition. Aid stations will operate with minimal number of volunteers and will be self-service.

Finish line

Finisher medals will be spread out on tables for athletes to grab instead of being handed out.

Prepackaged food will be laid out on tables.

Awards ceremony – outdoors, encourage social distancing. This may be reconsidered as we get closer to the race.

